

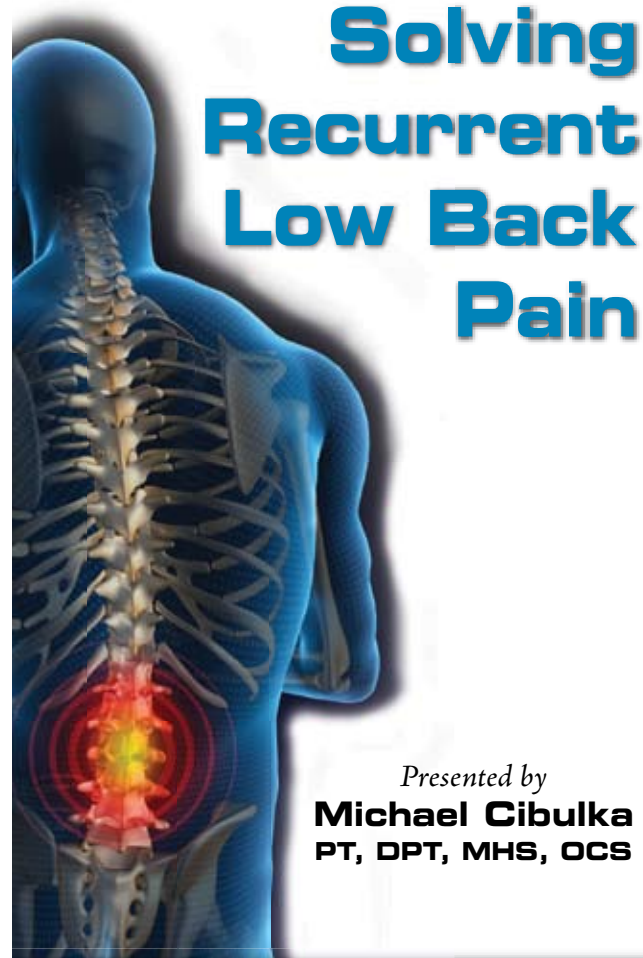
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Midwest Therapy Seminars

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Festus, MO 63028



636-931-7600



Solving Recurrent Low Back Pain

Presented by
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Midwest Therapy Seminars

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www.midwesttherapyseminars.com



Approved by Texas (42804A)
1.5 CEU's or 15 contact hours

Course Schedule

Day 1

- 7:30 am Continental Breakfast in Meeting Room.
- 8:00 am Introduction and Objectives of course.
- 8:30 am The current "state of the art" when treating mechanical LBP.
- 9:30 am Break
- 9:45 am Review of the anatomy and mechanics of the pelvis.
- 10:45 am Break
- 11:00 am How the sacroiliac joints move "normally and abnormally".
- 12:00 pm LUNCH (on your own)
- 1:00 pm How you make the correct diagnosis with your patients.
- 2:15 pm Break
- 2:30 pm Diagnosing your patient's LBP, increasing your certainty.
- 3:30 pm Break
- 3:45 pm Physical examination of the low back and pelvis.
- 4:30 pm Examination of the pelvis.

Day 2

- 7:30 am Continental Breakfast in Meeting Room.
- 8:00 am Examination of the hip.
- 9:30 am Break
- 9:45 am Examination of the hip.

- 10:45 am Break
 - 11:00 am Treatment of the pelvis.
 - 12:00 pm LUNCH (on your own)
 - 1:00 pm Treatment of the pelvis.
 - 2:00 pm Break
 - 3:00 pm Treatment of the hip.
 - 4:00 pm Preventing recurrence in LBP patients with pelvis problems. Connecting the "foot to the hip".
1. Real life case studies/demonstration.
 2. Problem solving on difficult patients.

Course Highlights

- Understand how the normal and abnormal sacroiliac joint moves.
- Learn which signs and symptoms are important when trying to identify patients with sacroiliac joint problems.
- Learn how to select the appropriate tests to confirm or refute the presence of sacroiliac joint dysfunction.
- Differentiate between patients with sacroiliac joint pain from other problems or conditions that originate from the low back or hip region.
- Develop a plan of care to manage patients with low back pain from the sacroiliac joints, especially those with recurrent low back pain.
- Analyze and demonstrate how to make clinical decisions regarding the evaluation, plan of care development, and selecting the correct intervention using individual case studies in patients with low back pain from sacroiliac joint dysfunction.

About the Educator

- 1978 BSPT from the University of Missouri-Columbia
- 1984 Master of Health Science from Washington University in St. Louis, MO
- 2001 DPT from the Massachusetts Institute of Health Professions
- Currently Assistant Professor at Maryville University in St. Louis, MO
- Over thirty years of clinical practice
- Over 30 articles published in Spine, Physical Therapy, Manual Therapy, and the Journal of Orthopaedic & Sports Physical Therapy
- Past Orthopaedic Section President (2 terms)
- Past President of the Journal of Orthopaedic & Sports Physical Therapy
- Past chair and member of the APTA's Award's Committee
- Past member of APTA's Clinical Residency & Credentialing Committee
- Past member of APTA's Committee on Licensure Examinations
- Past chair and member of the Orthopaedic Specialty Council (ABPTS)
- Received the Jack Walker Award by the APTA (twice) for the best clinical article published in the Journal Physical Therapy
- Received the Richard W. Bowling-Richard E. Erhard Award by the Orthopaedic Section APTA to acknowledge an individual who has made an outstanding and lasting contribution to the clinical practice of orthopaedic physical therapy.

Course Description

The ultimate aim of this course is to help therapists synthesize their evaluation, differential diagnosis, and selection of appropriate tests, prognosis and intervention of patients with recurrent low back pain. This course will also introduce the special relationship the pelvis has with the hip joints; emphasis will be placed on understanding the important relationship between the joints of the pelvis and the hip joints in both normal and abnormal conditions. An evidence based practice approach will be used to determine how to select the best tests when assessing the pelvis and hip joints. Methods will be introduced to help therapists "rule in" or "rule out" other disorders that often may mimic SIJD. This course will improve therapists ability to correctly classify their patients thus increasing their likelihood of successful treatment in patients with low back pain coming from the sacroiliac joint. All methods and techniques will be demonstrated repetitively in class to gain confidence and mastery.

Statements from Attendees

"Evidence based approach with years of clinical decision reasoning makes this a must attend course."

Richard D. Silliman, M.S.P.T.

"I can apply the material presented to my patients immediately."

by a past attendee of this course.

Who Should Attend This Course

This course is for physical therapists and physical therapists assistants that see patients with recurrent low back. This course will emphasize the importance of understanding and using knowledge from kinesiology of the lower extremities, the sacroiliac joint and lumbar spine as a unit to help you solve the problem of recurrent low back pain. An evidenced-based-examination approach will be used that will give you confidence when making a diagnosis and when selecting the appropriate treatment for your patient. Much of the course will use an ACTIVE learning approach that will include many case demonstrations/presentations that will help you bring together the knowledge you learn so that you can take this back to the clinic and use immediately.

Seminar Dates & Locations

April 25 -26, 2009



**Orthopedic Manual Physical
Therapy Institute of Dallas, Inc.
and Texas Institute of Surgery**

7115 Greenville Ave.
Suite 212
Dallas, TX 75231

FREE PARKING

**Directions 214-346-0677
Registration 636-931-7600**

Name _____ Profession _____
Home Business
Address _____
City _____ State _____ Zip _____
Phone _____ PT/PTA license number _____
VISA / MC Credit Card _____
expiration date _____ e-mail _____
Location of attendance _____

Midwest Therapy Seminars

You may submit registration on line by going to our web site:

www.midwesttherapyseminars.com

Registration Form

**Solving Recurrent
Low Back Pain**

April 25-26, 2009

Registration Fee: \$425.00
Course limited to 25 participants

If you have any questions you may e-mail them to
info@midwesttherapyseminars.com

All cancellations must be submitted with written notice and received 14 days prior to the course date. Refunds and transfers minus the deposit fee of \$75.00 are provided until 14 business days prior to the course date. No refunds or transfers will be issued if notice is received after 14 days prior to the course date. Midwest Therapy Seminars reserves the right to cancel any course and will be responsible for any charges incurred by the registrant due to cancellation. A full course tuition refund will be issued if MWTS cancels the course. MWTS reserves the right to change a course date, location, or instructor. No refund will be issued if course is in progress and is interrupted by an Act of War or God or issue beyond our control. MWTS will not be responsible for any participant expenses other than a course tuition refund for course cancellations.